

PORTLAND family

august 12

Information & Entertainment Source for Women



**POWERFUL
LIVES,
POWERFUL
*Mamas***

FREE



POWER

Mamas

Sally Bany

Regina Ellis

China Forbes

Judi Johansen

Sandra McDonough

Sarah Mensah

Lisa Schroeder

Anne Weaver


Johnna Wells

Yes, Portland is beautiful: gorgeous roses, breathtaking skyline, the Willamette River running through it, shimmery Mt. Hood in the distance. Our little corner of the world is indeed the envy of many.

But some of Portland's most beautiful features are the amazing women who are part of our community. The local leaders showcased here are powerful businesswomen who give time, talent and commitment to their professions. Individually, they are well-respected and proud of their accomplishments in the business world.

But collectively, they also share immeasurable pride in the fact that they happen to be loving, engaged mothers. In fact, nothing lights up the faces of these women more than conversations about their kids.

Our goal is to share a more personal glimpse of some of Portland's brightest; not only for what they give to the community through their professions, but for the wisdom they've learned through their most rewarding jobs — as mothers.





Sarah Mensah

Executive Vice President, COO,
Portland Trail Blazers

Kids: Son Davis, 12

happiness:

Being surrounded by family and close friends. Sharing a great glass of wine and conversation. Sun makes me happy as well as a great Trail Blazers win.

success:

Finding something to do that keeps me in my passion. As long as I'm excited to get up and do what I'm doing I believe that defines success.

motherhood lessons:

To accept the things that I can't control, to keep myself challenged toward working on the things that I can do to make things better, and hopefully new wisdom to know the difference. I know it's an established prayer but motherhood is a daily lesson in this.

give:

I wish I could give Davis more time and more direct focused attention.

uniqueness:

I'm driven and very competitive. At the same time, I am a mother before anything else. It's a strange dichotomy for many to accept and understand, but it's what makes me uniquely me.

bucket list:

Before I leave the earth, I'd like to make sure that my son will be on the path to living in his passion and having a happy life. I'd also love to see that I helped other families who have struggled with raising kids with disabilities to have an easier time of it.



Lisa Schroeder

Executive Chef/Owner,
Mother's Bistro & Bar

Kids: Stephanie,
Grandkids: Isabella 9, Taylor 8



happiness:

I love to feed people ... I really do! Nothing makes me happier than making people happy through food.

success:

Being able to make a living while doing what I love.

motherhood lessons:

Every person has a destined path, passions and talents. It's up to us parents to identify what our children are good at and enjoy, and encourage them pursue activities that develop strengths. In so doing, we hopefully help them become what they're intended to be. A good parent lets their child be who they are, whomever that is, and not try and make them someone we want them to be.

give:

My daughter is now an adult. In hindsight, I wish I'd made sure to actually stop, focus, listen and truly be with my daughter more often than I did, rather than just be near each other, involved in our own activities. I now have two grandchildren, ages 7 and 9, and when we're together I make sure I am involved in nothing other than being with them.

uniqueness:

I'm a workhorse. I have worked "doubles" (at least 12 hours) every day for the last 20 years! I try to live each day as if it were my last, so I am quite the party animal. Even if I get off work at 10 pm, I'll still find ways to play. I sleep very little ... my mantra is "there's plenty of time to sleep when I die."

bucket list:

To not have a bucket list. To just do what makes me happy, wherever and whenever I can.

